

# SEXUALITY AND GENDER DIVERSITY

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# LEARNER'S RIGHTS

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- Participate
- Pass
- Privacy
- Respect
- Fun



WHAT DO YOU WANT TO LEARN TODAY?

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# ON YOUR STICKY NOTE:

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- Most important person in your life and
- 3 things that you deeply care about

- Gender
- Sexual Orientation
- Sex



# THE GENDER SPECTRUM

Figure 3 —Where do you fall on these spectrums?



Gender identity refers to how you, in your head, think about yourself as being male or female.



Gender expression refers to how you demonstrate your gender identity to others through the ways you dress, behave and interact.



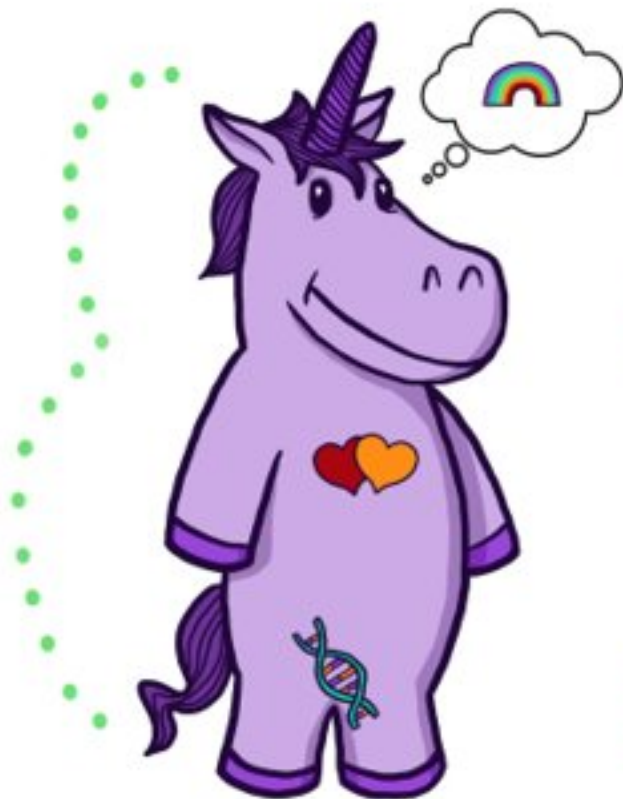
Biological sex refers to the reproductive and sexual anatomy that biologically identifies one as male or female. Intersex is used to describe reproductive and sexual anatomy that do not fit the typical definitions of male or female.



Sexual orientation refers to your affection and sexual attraction to other persons, based on their sex/gender in relation to your own.

# The Gender Unicorn




Graphic by:  
**TSER**  
Trans Student Educational Resources



## Gender Identity

-  Female/Woman/Girl
-  Male/Man/Boy
-  Other Gender(s)

## Gender Expression/Presentation

-  Feminine
-  Masculine
-  Other

## Sex Assigned at Birth

-  Female
-  Male
-  Other/Intersex

## Sexually Attracted To

-  Women
-  Men
-  Other Gender(s)

## Romantically/Emotionally Attracted To

-  Women
-  Men
-  Other Gender(s)

To learn more, go to:  
[www.transstudent.org/gender](http://www.transstudent.org/gender)

Design by Landyn Pan

# Pronouns 101

Type	Name	Example
Feminine	She, her, her	She went to the store. I spoke to her. It was her apple.
Masculine	He, him, his	He went to the store. I spoke to him. It was his apple.
Gender Neutral	They, them, their	They went to the store. I spoke to them. It was their apple.
Gender Neutral	Ze, zir/zem, zirs/zes	Ze went to the store. I spoke to zir/zem. It was zirs/zes apple.
Gender Neutral	Ze, hir, hirs	Ze went to the store. I spoke to hir. It was hirs apple.

Please note that these are not the only pronouns. There are an infinite number of pronouns as new ones emerge in our language.



I'm seeing Jeremy this weekend. They're going to take me skateboarding. Then I'm going to go with them to the movies.

Brittany brought me to this awesome concert! Ze is so fun. I can't wait to hang out with zir again.



For more information, go to [www.transstudent.org/graphics](http://www.transstudent.org/graphics) ▲





# ACRONYMAPALOOZA

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LGBTQ2SNIAP+



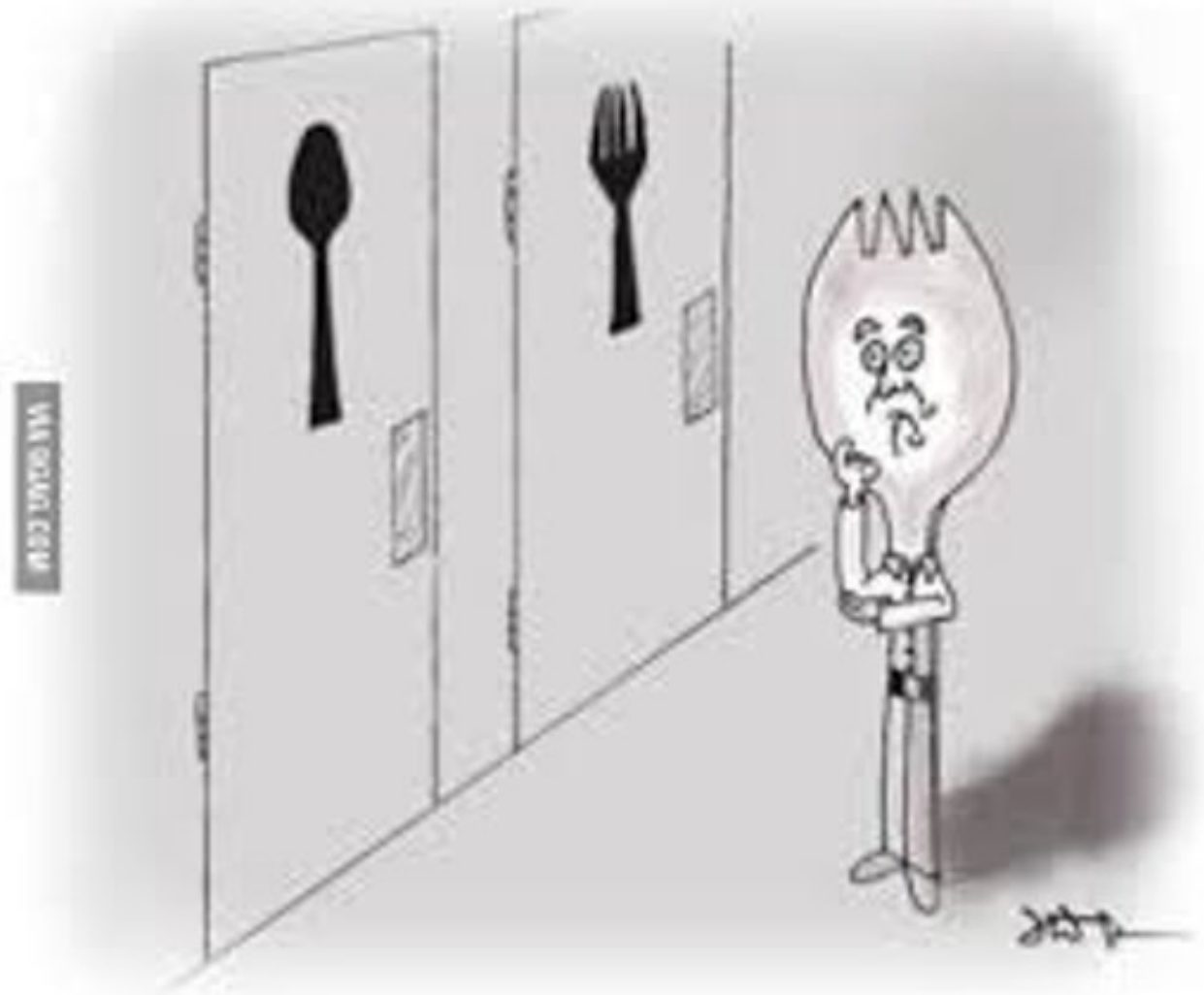
# ACRONYM

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- Lesbian - a homosexual woman
- Gay - a homosexual man
- Bi-sexual - sexually attracted to both women and men
- Transgender - a person whose personal gender and identity does not correspond with their birth sex
- Queer or Questioning - not straight and is more a sense of community
- Two Spirit - identifies as having both a masculine and feminine spirit; also used by First Nations to describe their sexual, gender or spirit
- Non Binary - used to describe individuals who experience a gender identity that is neither male or female and is in between or both genders
- Intersex - individuals born with any of several variations in sex characteristics including chromosomes, sex hormones or genitals
- A-Sexual - not having sexual feelings towards others
- Pansexual - people who are attracted to others regardless of their gender

WHAT  
UNIQUE STRESSORS  
DO LGBTQ  
YOUTH FACE?

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# LEVELS OF ATTITUDE

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Celebration

Appreciation

Admiration

Support

Acceptance

Tolerance

Pity

Repulsion

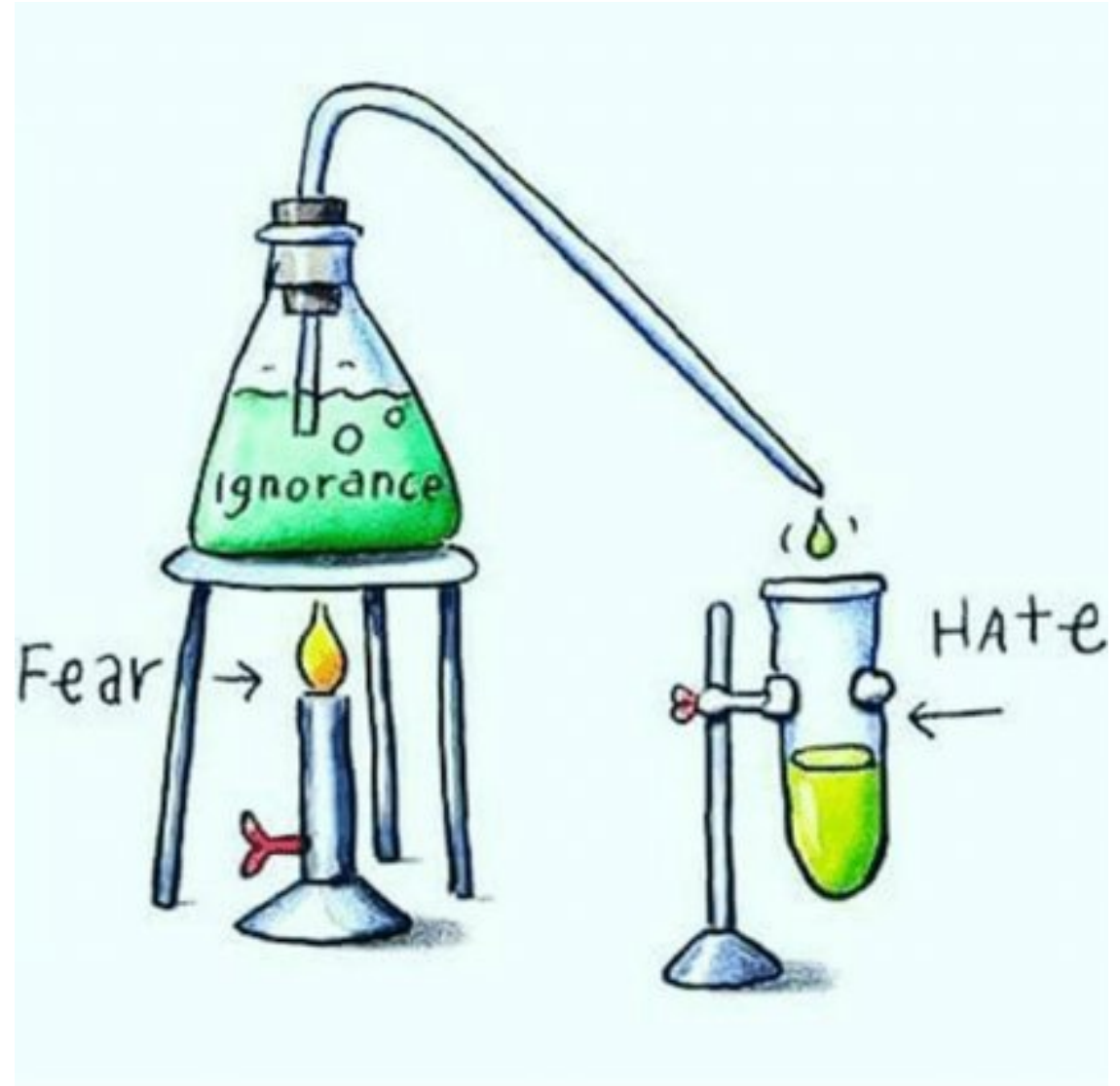
# ALLYSHIP

- In essence, think of your allyship clock resetting tonight at midnight.
- What are you going to do tomorrow to be an active ally?

## DOs & DON'Ts for Providers

<b>Do</b> <ul style="list-style-type: none"><li>• Use gender neutral language and inclusive language.</li><li>• Use terms like "partner" or "significant other."</li><li>• Ask "Are you seeing someone?" or "Are you in a relationship?"</li></ul>	<b>Don't</b> <ul style="list-style-type: none"><li>• Make assumptions about a person's gender identity, or sexual orientation.</li><li>• Don't assume and use the term "boyfriend/girlfriend."</li><li>• Don't ask "Do you have a boyfriend/girlfriend?"</li></ul>
<b>Do</b> <p>Listen to what a person has to say.</p>	<b>Don't</b> <p>Interject or interrupt.</p>
<b>Do</b> <p>Be honest when you don't understand something.</p>	<b>Don't</b> <p>Make assumptions or be disrespectful when asking questions.</p>
<b>Do</b> <p>Ask them about confidentiality &amp; reassure them of your confidence.</p>	<b>Don't</b> <p>Out someone's sexual orientation or gender identity.</p>
<b>Do</b> <p>Use the pronouns that someone asks you to use. When you mess up the pronoun—correct yourself, apologize, and move on.</p>	<b>Don't</b> <p>Ignore the importance of using the correct pronouns.</p>
<b>Do</b> <p>Respect an individual's identity &amp; use the terms that someone uses for themselves. Mirror a person's language.</p>	<b>Don't</b> <p>Use language like "he says he's a girl, but he's really a boy" or "she's not a real girl."</p>
<b>Do</b> <p>Accept a person's identity.</p>	<b>Don't</b> <p>Ask invasive questions about someone's body.</p>

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- Heteronormativity
  - Cisnormativity
  - Sex Negativity
  - Biphobia
  - Transphobia
  - Homophobia



# SPEAKING OUT: A SPECIAL REPORT ON LGBTQ2S+ YOUNG PEOPLE IN THE CHILD WELFARE AND YOUTH JUSTICE SYSTEMS

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- Identity
- Identity is a person's concept of self. There are many aspects that make up identity (e.g. heritage, religion, beliefs, culture, disability, etc.) and help to shape a person's worldview and connections to others. Sexual orientation and gender identity are also core aspects of a person's identity.
- What is Working?
- Caring Adults
- Online Information and Communities
- What is Not Working?
- Lack of affirmation
- Stereotypes
- Support to understand their identity

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- *Safety*

- For a person to feel safe, they must not fear the risk of physical, sexual, mental, emotional and/or spiritual injury. Not only is safety a basic need, it is a basic right. The LGBTQ2S+ young people they spoke to identified safety as a significant issue, telling us they need to be hypervigilant to ensure they are safe - physically, emotionally, and mentally.

- *What is Working?*

- Safe people and safe spaces
- Safe spaces signs

- *What is Not Working?*

- Rejection
- Fear of abuse
- Lack of confidentiality



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- **Appropriate Places to Live**
- Many of the young people we talked to had also experienced homelessness. In addition to worrying about their safety and stability in the places they live, they are trying to figure out their sexual and gender identities, often while experiencing homophobia and transphobia and struggling with mental health.
- **What is Working?**
- Supportive places to live
- **What is Not Working?**
- Unsupportive places to live
- Lack of LGBTQ2S+ specific housing

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- Services and Supports

- For LGBTQ2S+ young people, they need access to accepting and supportive adults. This is important as these supports not only meet their basic needs but ensure that they grow up to be healthy and contributing adults

- What is Working?

- Relationship Building
- Staff Training

- What is Not Working?

- Accessing Services
- Lack of Affirming Services
- System Navigation

DID WE ANSWER:

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WHAT DO YOU WANT TO LEARN TODAY?

